THE CHURCH OF LOW FURNESS NEWSLETTER

EARLY SUMMER 2024



MAY / JUNE 2024

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Articles / Events / updates for inclusion in the March/April edition

to the editor Rev. Graham Tate by 20 June 24

Email - revdgrahamtate@gmail.com

CHURCH SERVICES –

MAY -JUNE 2024

Date	Church	Service	Time
Sunday 5th May	St. Mary & St. Michael, Urswick	Holy Communion	11:00am
Sunday 12th May	Holy Trinity Church, Bardsea St. Cuthbert's, Aldingham	Holy Communion Sung Evening Prayer (BCP)	11:00am 6.30pm
Sunday 19th May Pentecost	Rampside Village Hall	Holy Communion	11:00am
Sunday 26th May Trinity Sunday	St. Cuthbert's, Aldingham Holy Trinity Church, Bardsea St. Mary & St. Michael, Urswick	Holy Communion Family Service Healing Service	11:00am 11:00am 6:00pm
Sunday 2nd June	St. Mary & St. Michael, Urswick	Holy Communion	11:00am
Sunday 9th June	Holy Trinity Church, Bardsea St. Cuthbert's, Aldingham	Holy Communion Sung Evening Prayer (BCP)	11:00am 6.30pm
Sunday 16th June	Rampside Village Hall	Holy Communion	11:00am
Sunday 23rd June	St. Cuthbert's, Aldingham Holy Trinity Church, Bardsea St. Mary & St. Michael, Urswick	Holy Communion Family Service Healing Service	11:00am 11:00am 6:00pm
Sunday 30th June	Rampside Village Hall	Summer Praise	11:00am

Every Wednesday 10.30am
Mid-week Communion service in Urswick Parish Room
Refreshments are served after the service

Morning Prayer

from the Church of Low Furness is posted on our Facebook page every Monday, Tuesday and Thursday at 9:00am when you can join live or watch later.

Healing Service 6:00 pm Sunday 26th May 24 & 23rd June 24

A service of prayer, contemplation, and healing at Urswick Church

Worship at Home

Worship at Home podcast (see links page 9) and supplementary material by email

Due to changes at Spotify the last Worship at Home will be 12th May 2024

Deacon's Deliberations

Revd Graham Tate

tel: 07579 798481 email: revdgrahamtate@gmail.com

One of the planks of the Deanery strategy for mission is – 'Grow Younger'. When we look around our churches during services we can see the motivation for the idea. The demographic profile is definitely biased towards the older end of the age range. So it's encouraging to look at the recent clergy appointments at Ulverston and Broughton parishes. As we prepare to welcome Rev. Tom Sample to Dalton at his licencing on 1st May it will mean that all the recent appointments to full time stipendiary clergy have been filled by ministers at the younger end of the demographic spectrum. Tom's licencing by the way is at St Mary's Dalton parish church on 1st May at 7:00pm.

More parishes with vicars in post raises the profile of the church within the community as well as enabling more engagement with the local communities – which is a vital part of our mission.
Romans 10:14

How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them?

Preaching is more than standing in the pulpit on a Sunday morning. It's how each one of us lives our lives and relate to the communities in which we circulate.
There has also been an appointment to the vacant post of 'Children's and Families worker' for our Deanery.

All of which is encouraging for ministry to the younger generation who are missing from our worship.
We have been asked by the Archdeacon to prepare a 'Parish Profile' for our local group of churches (ARD, Bardsea and Urswick) in preparation for a 'Pre Selection Meeting' 14th May. The agenda for that meeting has now been reduced to a consideration of Lindal / Dalton relationship. That will of course involve discussions with Tom the new vicar of Dalton. Yes that has caused confusion and uncertainty and possible delay but the plan remains to recruit an, albeit House for Duty priest for the Low Furness group. So we will continue to press ahead with updating the Parish Profile as a first step in the process of recruiting a suitable – and hopefully young(ish) minister to our own group of churches in Low Furness. This is a crucial document as it is the first thing a potential applicant will see before deciding to apply for the post. So please pray for all those involved in preparing that document, and that God will call the right person to lead our ministry onto the future.

God Bless
Graham

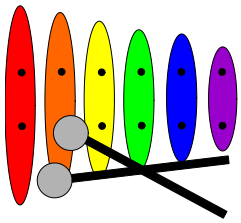
COMMUNITY NEWS & GROUPS

URSWICK POST OFFICE OUTREACH – URSWICK PARISH ROOM

Thank you to everyone who has supported the village Post Office and Coffee Morning. We are grateful that this service is now under new PO Outreach management and will continue with a regular service.

Fridays 9.30-11.30am

Urswick Toddlers Group



Music and Play for 0-3yrs

Our popular Toddler Group is held on Tuesdays!

9.30-11am

Come and join us for play, snacks, and singing at Urswick Parish Room

Contact Julie Charnley on 07709341047

Urswick Parish Room – Room Hire

Urswick Parish Room is open and taking bookings.

Please do get in touch if the space can support your group or community venture. The hall includes toilet and full kitchen facilities. Heating by meter. For bookings and enquiries please contact Linda on
armstronglinda680@gmail.com
tel. 07856107256

CHURCH GROUPS AND EVENTS

CCArtT



Cumbria Craft & Art Therapy

Cumbria Craft & Art Therapy is open to individuals with any mental health or fellowship need, including those affected by bereavement and loss, stress and anxiety or isolation and loneliness. Meeting and working together, we use a variety of crafts and art to offer a safe space and understanding

1-4pm Thurs 9th & 23rd May; 6th & 20th June at Urswick Parish Room

Contact Linda 07856107256 for more information and to book a place.

FURNESS FOOTSTEPS
Stepping Beyond the View

What about a walk in the countryside?

What do you see?

Maybe there's more than meets the eye

Join us on the 4th Sunday of each month

Contact Graham

Revdgrahamtate@gmail.com

Or mob : 07579 798481

Next Meeting 26th May 2024

Meeting at 10 am at Old Greenodd Services

please contact Graham; FB page or website

Date for your Diary

6th May 2024

Plant & Craft Sale and Refreshments

Urswick Parish Room

In aid of refurbishment of Parish Room

Annual Parochial Church Meetings

Urswick : Monday 13th May 2:00pm Urswick Parish Room

Aldingham; Dendron and Rampside : Wed 22nd May 7:00pm Rampside Village Hall

Bardsea : 7:30pm Tues 21st May at Bardsea church

CHURCH GROUPS AND EVENTS

Knead to Chat?



Please contact Maggie for details of our Bread Therapy sessions.

These take place once a month and are a safe and peaceful space for those who are experiencing isolation, bereavement, stress or any struggle.

A great way to spend a few hours with company, good food (a soup and bread lunch is provided) and some good fun.

Urswick Parish Room

Booking essential Contact Maggie 835606

Donations (£4) please to cover cost of ingredients and heating



LADIES LUNCH GROUP

The Ladies Lunch 17th May 2024 12:00 midday at The Stan Laurel Ulverston

Booking Essential - contact Maggie : tel. 01229 835606.

Dietary requirements and menu choice can be submitted as soon as possible please.

Mental Health Fellowship Group

Essential to know who intends to come along **before** the date, please ring Sonjie 07710254123

Meeting in the Urswick Parish room. A time to chat, seek advice, advocacy or help with form filling are all available. This will be a safe space for anyone who attends.
If you feel that this would be beneficial to yourself or someone you know please contact Community Pastor : Sonjie Marshall Tel :07710254123 for further details.

MISSION AND PIONEERING



Rev Graham Tate

Email : revdgrahamtate@gmail.com

Mob : 07579 798481

With the wet winter we've endured the February walk was targeted at hard paths as the fields and many of the country paths were little more than quagmires. So we met at the Round House on Walney and headed south along the coast path. It was a nice day and lots of people were making the most of the sunshine. The council have built a tarmac path along the coast so it was easy going – that was until we got to the end of the tarmac. The path does continue to the nature reserve but through the fields. Well we did try but after a few yards it became obvious that it would turn from a walk into a wade through mud. So with coffee calling we returned to the Round House for coffee and cake. That path is well worth a visit on a nice day, and of course there's the added attraction of refreshments at the Round House café.

I had hoped that by March things would have dried up a bit. So planned the March walk from Ulverston taking in the start of the Cumbria Way. A couple of days before, I set off on a reconnoitre to find out what the going was like. It was OK till I emerged from the woods above Old Hall Farm. At that point the plan was to turn off the Cumbria Way and head back over the path in the field towards Stockbridge Lane. I should really have paid a bit more attention to the map. There in the field marked on the OS map was the word 'spring' – and not referring to the season either! A major clean of the walking boots was required when I got home!



On the Sunday walk we took a slightly different route – to the farm then cut back along the tractor track to Stockbridge Lane and back to Ulverston.

As you can see it was a nice sunny day – breezy but fresh. Enough to work up and appetite for coffee in Ulverston.

Our April walk on 28th was again determined by the state of the fields. So we met at Conishead Priory and walked through the path in shoreline woods to Bardsea. At 11:00 we were doing café church looking up at Bardsea church where the family service was taking place. After refreshments we walked along the beach back to the priory.

May be by May we will be able to venture into the fields.

Graham

Webster's Waffle

Editor. Jim
Page Bank,
Rampside
01229 821561



It's rare that I quote an Archbishop of York but today I'm going to quote two. One, John Habgood, wrote, 'The Church is a horrible human institution, and the only justification for it is that occasionally God shines through, and beyond the ghastly clothes and the rest of it, one discovers a love that surprises one.'

I was once told, "The only thing that you can do for the church is 'more'." As we are left with fewer people, these are carrying a heavier load. Some of it is the diocese. If anything, there is more training, more paperwork and more of the other things that need sorting out.

Some of it is us, it's time we stopped and asked what doesn't need doing. So at Rampside we stopped organising our Christmas fair. We always had the same weekend as the Dickensian festival, and initially this didn't seem to matter, but the Dickensian grew and eventually we had to move weekends, but you struggle to find a Saturday that doesn't clash with something else. Then we had fewer and fewer people in the team and they had more than enough to do just keeping the parishes functioning.

Cosmo Gordon Lang reflected on his years of ministry as Archbishop of York and then of Canterbury and wrote, "Much more of true value might have been done if I had cared less for doing and more for being. If the inner life had been kept more true, the outer life would have borne more fruit."

In this, Cosmo Lang is in agreement with Jesus. In Mark 6, Jesus sends out the twelve disciples to teach and preach. When they arrived back, 'The apostles gathered around Jesus and reported to him all they had done and taught. Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest."'

He doesn't say, "Right you've done a good job, now let's do a 'lessons learned exercise' so we can see what worked and what didn't," he just says, "Come with me by yourselves to a quiet place and get some rest."

At the Deanery Synod the other evening I was quite taken by our new Rural Dean's comment that we need the Synod meetings to be about the stuff we want, with time for prayer and thinking about mission. Given we're called to help build God's People, His Kingdom, and His Church this struck me as a good idea. Too often the synod meeting can seem like a head office marketing presentation given to a not particularly enthusiastic sales team.

We have to remember that we aren't a historical buildings preservation society. If we build up God's people, build up his church, then they'll look after the buildings. If we have fabulous buildings but no people, what's the point?

God bless
Jim

CHURCH OF LOW FURNESS ONLINE

Date	Church	Service	Time
Every Mon/Tues/Thurs	Facebook Live	Morning Prayer	9:00am
Every Sunday	Worship at Home podcast and supplementary material by email		

ONLINE LINKS AND RESOURCES

The Church of Low Furness is the collective name for the churches serving the parishes of Aldingham, Dendron, Rampside and Urswick with Bardsea, a Church of England united benefice in the Diocese of Carlisle.

Please see our **Church of Low Furness website** for up to date information about our services and news: http://churchoflowfurness.org.uk/

Minutes of pubic domain meetings can be accessed via our website
http://www.churchoflowfurness.org.uk/meetingminutes.html

We deliver regular live weekday services and prayer sessions on Facebook. Live on our **Facebook group**, the **Church of Low Furness**:
https://www.facebook.com/groups/578956609372390/about/

You can find the Common Worship Liturgy we use on the **Church of England website**, along with many other resources including information on weddings, baptisms and funerals:
https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer

The **God for All** website has news from churches around the County of Cumbria and many faith resources:
https://www.godforall.org.uk/
You can also sign up for a regular news bulletin from Carlisle Diocese:
https://www.carlislediocese.org.uk/news-and-events/

Worship at Home material is produced every week for Sunday. This can be accessed via the podcasts directly at **Anchor with Spotify**:Last edition will be 12th May 2024
https://anchor.fm/lucie-lunn

Contacts

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Rev Martin Williams : sweccsuper@outlook.com

Parish Room booking Mrs L Armstrong : armstronglinda680@gmail.com