THE CHURCH OF LOW FURNESS NEWSLETTER

SEPT / OCTOBER



AUTUMN 2022

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Articles / Events / updates for inclusion in the Christmas edition

to the editor Rev. Graham Tate by 23rd October

Email - revdgrahamtate@gmail.com

COMMUNITY NEWS

URSWICK POST OFFICE OUTREACH – URSWICK PARISH ROOM

Thank you to everyone who has supported the village Post Office and Coffee Morning. We are grateful that this service is now under new PO Outreach management and will continue with a regular service.

Fridays 9.30-11.30am



Knead to Chat?

Please contact Maggie (t. 01229 587369) for details of our Bread Therapy sessions.

These take place once a month and are a safe and peaceful space for those who are experiencing isolation, bereavement, stress or any struggle.

A great way to spend a few hours with company, good food (a soup and bread lunch is provided) and some good fun.

Kneed to Chat : Monday 10:00am to 2:00pm

Mon 19th Sept

Donations please to cover cost of ingredients



LADIES LUNCH GROUP

The next Ladies Lunch will be held at

Orangery (St Mary's Hospice) 12:00 noon 27th Oct

Do come and join this friendly group. **Please Book with Maggie t. 01229 587369.** Dietary requirements and menu choice can be submitted as soon as possible please.

Booking is Essential as places are limited

CHURCH SERVICES –

SEPTEMBER / OCTOBER 2022

Date	Church	Service	Time
Sunday 4th Sept	St. Mary & St. Michael, Urswick	Holy Communion	10.30am
Sunday 11th Sept	Holy Trinity Church, Bardsea Rampside Village Hall St. Cuthberts Aldingham	Holy Communion Service of the Word Sung Evensong (BCP)	10.30am 2.30pm 6:30pm
Sunday 18th Sept	St. Mary & St. Michael, Urswick Rampside Village Hall	Holy Communion (spoken) Holy Communion	8:00am 10.30am
Sunday 25th Sept	St. Cuthbert's, Aldingham Holy Trinity Church, Bardsea St. Mary & St. Michael, Urswick St. Mary & St. Michael, Urswick	Holy Communion (BCP) Family Service Rushbearing Healing Service	10.30am 10.30am 1:00pm 6:00pm
Sunday 2nd Oct	St. Mary & St. Michael, Urswick Stainton Village Hall	Holy Communion Harvest Festival	10.30am 3:00pm
Sunday 9th Oct	Holy Trinity Church, Bardsea Rampside Village Hall St. Cuthbert's, Aldingham	Holy Communion Service of the Word Sung Evening Prayer (BCP)	10.30am 2.30pm 2.30pm
Sunday 16th Oct	St. Mary & St. Michael, Urswick Rampside Village Hall	Holy Communion (spoken) Holy Communion	8:00am 10.30am
Sunday 23rd Oct	St. Cuthbert's, Aldingham Holy Trinity Bardsea St. Mary & St. Michael, Urswick	Holy Communion Family Service Healing Service	10.30am 10:30am 6pm
Sunday 30th Oct	Rampside Village Hall	Holy Communion	10:30am

Every Wednesday 10.30am
Mid-week Communion service in Urswick Church (not the Parish Room)
Refreshments are served after the service

Morning Prayer

from the Church of Low Furness is posted on our Facebook page every Monday, Tuesday and Thursday at 9:00am when you can join live or watch later.

Evening Prayer - Compline

Every Saturday Evening at St Mary & St Michael's Urswick at 7pm

Healing Service Sunday 24th Sept & 23rd Oct at 6pm

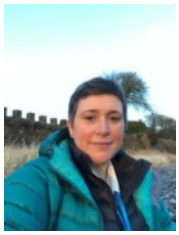
A service of prayer, contemplation, and healing at Urswick Church

Worship at Home

Worship at Home podcast (see links page 9) and supplementary material by email

View from the Vicarage

Revd Lucie Lunn
The Vicarage, Great Urswick LA12 0TA
tel: 01229 587200 email: revlucielunn@btinternet.com



Dear Friends,

Being Community

For a number of reasons (some unexpected) I spent my summer leave period entirely at home this year and it was a good opportunity to repeat my first summer here in 2018, exploring the area for walks and days out. I was trick, again, by a number of villages, hamlets, and parks who keep, like our churches, have their own identity and form their own distinct community. This is true of our schools too; each is a distinct community in itself, made up of staff, pupils and parents who are regrouping at the start of the new school year.

Over the summer I have seen many examples of events and groups, some of which have great effect in bridging the geographical and characteristic differences between these separate communities in this rural area. In this, my fourth summer here, I eventually made it to the Medieval Fayre at Furness Abbey, it was wonderful to meet people there and reflect on the history of this area.

Now, as we come in harvest time there continue to be many events and services that give us the opportunity to celebrate and support each other. As well as Harvest Services, the Urswick Rushbearing takes place in September which seeks to bridge the village, school and local community at Urswick.

To celebrate community and also support others is at the heart of the Christian Gospel. Jesus said “Love the Lord your God with all your heart and with all your soul and with all your mind and love your neighbour as yourself.” (Matthew 22:37-39) A love for and understanding of community is essential for Christian growth, both within our Churches and without. Our churches are not membership organisations, mature Christian faith and care is not confined to buildings, or Sundays!

This reality becomes ever more relevant as recent research suggests that the biggest and fastest growing sector of the Christian community comprises people who no longer attend church and that this is particularly true of rural areas. Is this true of you? Are you Christian who chooses not to attend church, or perhaps only occasionally? Or perhaps you just carry a quiet but interested Christian identity? In church or out of it we are constantly looking at ways we can bring people together in Christian fellowship and community. Do consider taking part in something that is going on, or get in touch with new ideas, like our ‘Fresh Expression of Church’ Furness Footsteps and Wild Church.

A sense of community and place is grounding and life-giving. We are fortunate in the Low Furness area to have many strong and distinct communities, there are distinctions and differences between these communities, but beyond that we are all bound together by coexistence in this beautiful and remote area. For Christians, we recognise that we are also bound together by our love of God and love of neighbour and so I pray, as my neighbours, that we meet and connect again soon.

Yours in Christ, Lucie

CHURCH GROUPS AND EVENTS

CCArtT

Cumbria Craft & Art Therapy

Cumbria Craft & Art Therapy is open to individuals with any mental health or fellowship need, including those affected by bereavement and loss, stress and anxiety or isolation and loneliness. Meeting and working together, we use a variety of crafts and art to offer a safe space and understanding

1-4pm 1st ; 15th & 29th Sept and 13th & 27 Oct at Urswick Parish Room

Contact Maggie (t. 587369) or Lucie (t.587200) for more information and to book a place.

God for All

Follow Daily: Family Worship

As part of our commitment to the principles of our refreshed Diocesan vision; to Follow Daily, Tread Gently, Care Deeply and Speak Boldly, our monthly family service outdoors,

Wild Church!

25th Sept

FURNESS FOOTSTEPS

Stepping Beyond the View

What about a walk in the countryside?

What do you see?

Maybe there's more than meets the eye

Join us on the 4th Sunday of each month

Contact Graham

Revdgrahamtate@gmail.com

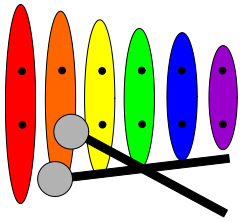
Or

07579 798481

Sept 25th meeting at Canal Foot Ulverston

Oct 23rd meeting at TBD - contact Graham

The Children's Gate



Music and Play for 0-3yrs

Our popular Toddler Group is held on Tuesdays!

9.30-11am

Come and join us for play, snacks, and singing at Urswick Parish Room

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Post-natal Support Group & Baby Group

Term Time Thursdays 10.30 -11:30am Urswick Parish Room

Support and sharing for all parents and carers of little ones 0-18mths

For more information call Lucie Lunn t.01229 587200 or text m.07825241366

Urswick Parish Room – Room Hire

Urswick Parish Room is open and taking bookings. While we have been contacting previous user groups, please do get in touch if the space can support your group or community venture. The hall includes toilet and full kitchen facilities. Heating by meter. For bookings and enquiries please

contact Maggie on tel. 01229 587369

Forthcoming Events

An Evening of Musical Theatre

With Mia Sullivan & friends

Friday 9th Sept 2022 at 7:00pm

Urswick Church

£10 including refreshments in advance £12 on door

Tickets available from

Flours cafe Gleaston Water Mill or Maggie 01229 587369

International Sea Sunday

A celebration of all things nautical at Aldingham Church at 2:30pm Sunday 28th Aug

Followed by Refreshments and Strawberry Tea

Meditation Meeting

20 mins of guided silent meditation

22nd Sept; 6th Oct; 20th Oct

Urswick church

Mental Health Fellowship Group

We are planning a new Mental Health Fellowship Group starting before Christmas meeting in the Urswick Parish room. A time to chat, seek advice, advocacy or help with form filling are all available. This will be a safe space for anyone who attends.
If you feel that this would be beneficial to yourself or someone you know please contact Community Pastor : Sonjie Marshall Tel : 01229587369 for further details.

MISSION AND PIONEERING



Rev Graham Tate

Email : revdgrahamtate@gmail.com

Mob : 07579 798481

Furness Footsteps met in July and August.

The July walk was led by Jim as I was away in Derbyshire for a family event followed by as short break in North Yorkshire. Eight walkers met at Bardsea Leisure Park so they could sample the wares at the new café there – after the walk of course! From the Leisure Park through the fields to Brick Kiln Lane and back through the Great Head Woods. Jim didn't actually say they sampled the wares at the café but it would have been rathe a miss not to.

August walk

Missed that one too. I was in Sheffield saying hello to our new granddaughter born the day before. Jim led a walk around Gleaston starting and ending at the Flours café at the Water Mill.

Deacon's Deliberations

August got a bit busier than usual because the vicar was on holiday for 3 weeks. Yes she did deserve and need a break after the events earlier in the year. I'm not complaining. With the help of Rev Martin Williams and Rev Elaine Bates of St Paul's in Barrow we managed to hold communion services on all 3 Sundays Lucie was on holiday. Albeit 2 were Communion by Extension, but we use that form of distribution regularly on Wednesdays, and maintain our regular pattern of on-line Morning Prayer.

It's almost a year since my ordination so I thought it opportune to reflect on past year and the changes in my ministry. The most obvious difference is apparent in church where I'm wearing robes and taking a more prominent part in leading the services on Sundays. One less conspicuous part is the Baptisms I've conducted at various churches within our enlarged 'patch'.

The last year has been like a restart for us all as we slowly emerged from the Covid lockdowns and found our new normal. And that coincided with my ordained ministry, so it has been a year of evolutionary change. Much of my ministry has continued - that's actually the reason I - and the others in the same cohort were ordained Distinctive Deacons to carry on ministering where we were. There have, not surprisingly been some new elements to my ministry over the last year. Like the other Distinctive Deacons my 'curacy' will be ending after one year in September. I think that involves a change of title (assistant curate in training was a bit of a mouthful) but as they say – watch this space.

God bless

Graham

Webster's Waffle



The accepted view of the Church of England was that it was the Tory party at prayer. Everybody read the Times (or the Telegraph). The current accepted view appears to be that it is now the Labour party at prayer, and everybody reads the Guardian. These views are held in spite of the evidence before our eyes that some clergy and many congregations are as mad as a bucket of frogs. But like many accepted views, there is truth lurking underneath. The Church of England, if not part of the Establishment, has always had the Establishment breathing down its neck demanding it toe the line over whatever is the current approved groupthink.

Yet it has always struck me, if you want revolution, don't read Marx, read Isaiah. When describing the political class in his own day he says, "Woe to those who are wise in their own eyes and clever in their own sight. Woe to those who are heroes at drinking wine and champions at mixing drinks, who acquit the guilty for a bribe, but deny justice to the innocent. Therefore, as tongues of fire lick up straw and as dry grass sinks down in the flames, so their roots will decay and their flowers blow away like dust."

Jesus formally announced the start of his ministry by quoting Isaiah 61, the passage that starts, "The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor."

Paul said, "There is neither Jew nor Greek, slave nor free, male nor female, for you are all one in Christ Jesus."

It's something we must keep reminding ourselves of. Christianity is revolutionary. Everybody is equal. Jesus said, 'I am the way, and the truth, and the life. No one comes to the Father except through me.' Even keeping in with the Church Warden isn't going to save you. What matters isn't your ostentatious virtue, or your equally obvious failings, but your relationship with Jesus.

This is why the establishment wants the church to toe the line. It's the reason why dictatorial regimes have so much trouble with Christianity and why they try to put it down or water it down. How can they cope with an organisation that values people not by their power or influence but by their humility and how tenderly they serve those less fortunate than them? How on earth can the authorities control people like that?

Over the years I've known a lot of sincere Christians who were intelligent people doing serious work. They ran big organisations. Livelihoods hung on their decisions. And that was one reason why the church was so important to them. In the church they might be called upon to minister to others. But others might be called upon to minister to them. There, like everybody else, they could lay down the burden they carried and hand it over to Jesus.

And remember, don't just pick the burden back up again. You've given it to Jesus, don't ask for it back.

Jim

Church of Low Furness Online

Date	Church	Service	Time
Every Mon/Tues/Thurs	Facebook Live	Morning Prayer	9:00am
Every Sunday	Worship at Home podcast and supplementary material by email		

Online Links and Resources

The Church of Low Furness is the collective name for the churches serving the parishes of Aldingham, Dendron, Rampside and Urswick with Bardsea, a Church of England united benefice in the Diocese of Carlisle.

Working as part of the ecumenical county of Cumbria, we are also part of the developing Furness Mission Community and Churches Together in Cumbria.

Please see our **Church of Low Furness website** for up to date information about our services and news: http://churchoflowfurness.org.uk/

We deliver regular live weekday services and prayer sessions on Facebook. Live on our **Facebook group**, the **Church of Low Furness**:
https://www.facebook.com/groups/578956609372390/about/

Additionally, these are uploaded to our **YouTube Channel**:
https://www.youtube.com/channel/UCEiGPcDStf4AQE4E_wKV-Kg/videos

Worship at Home material is produced every week for Sunday. This is available via our Facebook group posts, or you can access the podcasts directly at **Anchor with Spotify**:
https://anchor.fm/lucie-lunn

You can find the Common Worship Liturgy we use on the **Church of England website**, along with many other resources including information on weddings, baptisms and funerals:
https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer

The **God for All** website has news from churches around the County of Cumbria and many faith resources:
https://www.godforall.org.uk/
You can also sign up for a regular new bulletin from Carlisle Diocese:
https://www.carlislediocese.org.uk/news-and-events/